



# ZES ONLINE PROFESSIONAL LEARNING LET NATURE BE YOUR MEDICINE PART B

WITH TANIA DI BERARDINO

YEAR LEVELS: 2 - 10

# **OVERVIEW**

In this follow up to Part A of the workshop, we will reuse our found materials (or you might collect some more, if you have not kept your original collection) to create some Gel Plate prints.

We will also look at the art of composition and collage.

This final part of our workshop will allow us to revisit the experience of collecting, discovery, and of being present and in the moment.

As we build a selection of final collages, we'll explore the idea of presentation with our completed artworks.

#### **ART ELEMENTS & PRINCIPLES**

Line, Shape, Texture, Pattern, Balance

# CROSS-CURRICULUM / CAPABILITIES LINKS

Science, Environmental Studies, Wellbeing

# LEARNING OBJECTIVES

#### Students will:

- Explore found natural materials.
- Look at leaf litter for shapes, colour, form, and texture.
- Reflect and Explore found materials by placing them into a nonpermanent display.
- Explore the art of drawing, watercolour painting and Gel Plate printing.
- Make a series of drawings, paintings, and prints.
- Consider ways to display their drawings, paintings and prints in collage form.
- Consider the art elements of composition when choosing display/collage format.
- Consider and discuss the idea of slowing down and being present while performing these art making outcomes.
- Display and discuss their outcomes.

## **MAKE**

#### **Gel Plate Printing**

### Step 1:

Place your Gel Plate onto a clean sheet of A3 paper.

Place small amounts of paint onto the top of the gel plate and use a hard roller to spread the paint into a thin even coat.

**Step 2:** Place some of your found natural materials on top of your painted Gel Plate. Arrange a composition you are happy with.

**Step 3:** Take a sheet of A4 Cartridge paper to print onto. Lay half of the A4 sheet on top of your Gel Plate composition, and gently rub the back of the paper. Carefully peel back.

To take a 'ghost print', gently remove the natural objects from the plate, and take another print using the other half of the A4 paper in the same way. This will be a little lighter as it will have a little less paint on it.

2

Date Created: February 2021

Repeat the process until you have created 3-4 full pages of prints in this manner.

**Step 4:** Repeat the process until you have created 3-4 prints in this manner. You can reapply paint and change your composition with each print.

**Step 5:** Use your various prints, together with your non-dominant-hand drawings, to cut and create 3-4 A5 sized collages.

For larger cut-out pieces, a glue stick will work well to stick your pieces down. For smaller/finer collage pieces we recommend using the 2in1 Glue, as it has a fine applicator for tricky bits!

Use black card as your background to place your collage composition onto.

**Step 6:** Use a range of coloured sheets of Cover Paper to mount and display your final compositions for presentation and display.

## **EXTENSION**

Try different natural environments for your natural collection walk to use in your art making

- How would your outcomes change if we were at the beach, a creek or river, our backyard, school yard or in parkland?
- The weather may also affect our outcomes. What changes do we notice if we walk and collect on a warm, sunny day compared to a drizzly, cool day?
- The seasons can change the way we feel on our walk and change the types of materials we collect. How is our mood and artwork affected if we do the activity in Summer, Autumn, Spring or Winter?
- A range of seasonal collections and artwork would also be a great way to display throughout the year.

# DISCUSSION / REFLECTION

- How did you feel when you were walking outside? Did you feel calm?
- Did you notice any sounds or smells? Did you feel you were using some of your senses that we sometimes ignore?
- Did you notice something new? Perhaps a new path, plant, tree, or sculpture you hadn't noticed before? Did you discover anything you might normally rush past?
- Did you enjoy drawing with your non-dominant hand? Would you like to do further artwork using this drawing technique?

3

Date Created: February 2021

 Will you start a Gratitude wall in the classroom? Or perhaps your own personal gratitude journal?

# **MATERIALS & EQUIPMENT**

SS035	Gel Printing Plate 12.7 x 17.8cm (5 x 7")
RL040	EasyClean Rubber Roller by Zart 100mm
PT209-BK	Zart School Colours 250mL Black
PN018-WH	Uni-Ball Signo Broad Pen 12's White
CB222	Cardboard 200gsm A4 100s Black (Mount)
PA106	Cartridge 130gsm A4 210 x 297mm
PA121	Cover Paper 125gsm A5 250's Assorted
AA280	Zart Glue Stick 35g
AA624	X-Press It 2 in 1 Glue Pen and Brush 18g
SC013	Basics Zart Scissors 170mm
AT712	Foam Mounting Tape 12mm x 4m
	& a range of collected, found natural materials.

## INSPIRATION RELATED ARTWORK, LINKS & SOURCES

Every two years there is an exhibition worth seeing at the Mornington Regional Gallery in Victoria called "Works on Paper".

This exhibition provides a range of display outcome ideas for paperbased artwork.

https://mprg.mornpen.vic.gov.au/EXHIBITIONS/Current-exhibitions/2020-National-Works-on-Paper

The Tate Gallery (London) website is also a valuable source for ideas <a href="https://www.tate.org.uk/art/wellbeing-and-art">https://www.tate.org.uk/art/wellbeing-and-art</a>